**Symptom: Fatigue (tired, general weakness, malaise, fatigue,**

Validation: Code set from [Adherence to guidelines in management of symptoms suggestive of heart failure in primary care | Heart (bmj.com)](https://heart.bmj.com/content/105/9/678.long)

<http://dx.doi.org/10.1136/heartjnl-2018-313971>

|  |  |
| --- | --- |
| Code or word | Exclusions |
| fatigue  lethargy  lassitude  weakness general  washed out  worn out |  |
| tired | retired  not |
| lack energy | ipos |
| exhaustion | heat  pacemaker |
| asthenia | \*myasthenia\*  \*neurathenia\*  Neurasthenia\*  \*psychasthenia\*  \*thromb\* |
| **Snomed codes** asthenia 13791008 exhaustion 60119000 ***fatigue*** 84229001 lethargy 214264003 malaise and ***fatigue*** 271795006 tired 224960004 |  |

ICPC codes

**AS04 General weakness or tiredness**  
  
*Description*  
A sense of decrease in power and energy.  
  
*Inclusion*  
asthenia  
exhaustion  
***fatigue***  
lassitude  
lethargy  
  
*Exclusion*  
chronic ***fatigue*** syndrome AS05.00  
drowsiness AS99  
heat exhaustion AD45  
jetlag AD45  
malaise/feeling ill AS06  
postviral ***fatigue*** AS05  
sleep disturbance PS06  
  
*Coding hint*  
For coding the problem level, consider Energy level 2F71  
  
*Search terms*  
tiredness general  
weakness  
  
*ICPC-1*  
A04  
  
*ICPC-2*  
A04  
  
*ICD10*  
no exact corresponding class  
Malaise and ***fatigue*** R53  
  
*ICD11*  
no exact corresponding class  
***Fatigue*** MG22  
  
*SNOMED CT*  
asthenia 13791008  
exhaustion 60119000  
***fatigue*** 84229001  
lethargy 214264003  
malaise and ***fatigue*** 271795006  
tired 224960004  
  
*Extension*  
Course

COU.0 Subacute

COU.1 Acute

COU.2 Chronic